

Earning a Varsity Letter

***75 OR MORE POINTS ARE REQUIRED FOR EARNING A VARSITY LETTER**

**** You can only earn Points when you wrestle in a Varsity Red or Varsity White Event
(Junior Varsity/Exhibition matches do NOT count towards a Varsity Letter)**

VARSITY LETTER POINT SYSTEM

P=PIN (WORTH 6 POINTS)

FF=FORFEIT (WORTH 6 POINTS)

DQ=DISQUALIFICATION (WORTH 6 POINTS)

DF=DEFAULT (WORTH 6 POINTS)

TF=TECHNICAL FALL (WORTH 5 POINTS)

MD=MAJOR DECISION (WORTH 4 POINTS)

D=DECISION (WORTH 3 POINTS)

M= VARSITY MATCH WRESTLED BUT LOST (WORTH 1 POINT)

***(POINT SYSTEM IS UTILIZED UNLESS SPECIAL CIRCUMSTANCES OCCUR DURING THE SEASON FOR EXAMPLE: A SEASON ENDING INJURY TO A RETURNING STARTER/LETTER WINNER)**

Example of Earning Points

Name	Varsity record	Varsity Points	Total Letter Points
Smith	16-7	79 (4 p=24, 2 FF=12, 2 TF=10, 2 MD=8, 6 D=18, 7 M=7)	79